

Captain Jason Dahl Family Resource Center



FRC HOURS:
Mon.– Fri. 8:30AM-5:00PM
**DROP-INS BY
APPOINTMENT ONLY**

**3200 Water St. San Jose, CA 95111
Room P-5**

June 2021

Due to COVID-19 our FRC is only offering Virtual Classes until further noticed. To register for our Virtual classes please call (408)396-8301

For more information please call:
(408) 396-8301
We speak English, Spanish and Vietnamese
Se Habla Español Chúng tôi nói tiếng việt

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
		1 Drop-Ins by Appt. Diaper Distribution By Appt. Only 9:00am-12:00pm Virtual Opening Doors Parenting Workshop Session 5 of 7 1:00pm-2:30pm	2 Drop-Ins by Appt. Virtual Music & Movement in Spanish Session 8 of 9 1:00pm-2:00pm	3 Drop-Ins By Appt. Virtual Music & Movement in Vietnamese Session 8 of 9 10:00am-11:00am	4 Drop in by Appointments	5 Drive-Thru School Pantry 9:00AM-11:00AM Free Food Program
6	7 Drop-Ins By Appt. Diaper Distribution By Appt. Only 9:00am-12:00pm A La Carte– Free Food Program 2:00pm-3:30pm	8 Drop-Ins by Appt. Diaper Distribution By Appt. Only 9:00am-12:00pm Virtual Storytime w/ SJPL 10:00am-11:00am *Art Kits Available* Virtual Opening Doors Parenting Workshop Session 6 of 7 1:00pm-2:30pm	9 Drop-Ins by Appt. Virtual Music & Movement in Spanish Session 9 of 9 1:00pm-2:00pm	10 Drop-Ins By Appt. Virtual Music & Movement in Vietnamese Session 9 of 9 10:00am-11:00am	11 Drop-Ins By Appt. FEAC Board Meeting 10:00am-11:30am Virtual Opening Doors Parenting Workshop Session 7 of 7 1:00pm-2:30pm	12
13	14 Drop-Ins By Appt. Diaper Distribution By Appt. Only 9:00am-12:00pm A La Carte– Free Food Program 2:00pm-3:30pm	15 FRC CLOSED	16 FRC CLOSED	17 FRC CLOSED	18 Drop in by Appointments	19
20 HAPPY FATHER'S DAY!	21 Drop-Ins By Appt. Diaper Distribution By Appt. Only 9:00am-12:00pm A La Carte– Free Food Program 2:00pm-3:30pm	22 Drop-Ins by Appt. Diaper Distribution By Appt. Only 9:00am-12:00pm Virtual Storytime w/ SJPL 10:00am-11:00am *Art Kits Available*	23 Drop-Ins by Appt. Virtual Zumba Class with 10 Healthy Little Steps in English 3:00pm-4:00pm	24 Drop-Ins by Appt. Drive-Thru School Pantry 9:00AM-11:00AM Free Food Program	25 Drop in by Appointments	26
27	28 Drop-Ins By Appt. Diaper Distribution By Appt. Only 9:00am-12:00pm A La Carte– Free Food Program 2:00pm-3:30pm	29 Drop-Ins by Appt. Diaper Distribution By Appt. Only 9:00am-12:00pm	30 Drop-Ins by Appt.			

Need MEDI-CAL Insurance? **Please call 408-251-8875**



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